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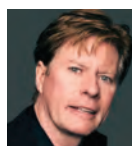
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Page Six

We Like Big 'Buts' . . .

Do you love animals - but also eat meat? Do you care about the planet - but still use disposable diapers and toilet paper? Do you believe we should 'buy Canadian' - but still hop over the border every day for cheap gas and milk? Do you believe certain facts - but make excuses to ignore others? Do you justify your actions to make yourself feel better? Are people who disagree with you always wrong? Are you fighting with family and friends over politics? You're not alone.

We all do it - and we all know we're doing it - but . . . Psychologists call it 'cognitive dissonance'. It's that uneasy feeling you get when things feel not quite right - but you make up a way to justify those feelings (rationalization), ignore the facts (selective perception), or you just walk away convincing yourself you're right (confirmation bias). We all 'choose' to do it, and we could all stop - but . . .

It gets very complicated very quickly. Professional scientists study it extensively, but so do advertising and marketing executives, pundits, computer programmers (social media) and political strategists (to name a few). Cognitive dissonance is, in fact, one of the most potent psychological tools ever discovered. It can be used to normalize, stigmatize, rationalize or villainize just about anyone or anything. It's mentioned as the basis for forced compliance, forbidden behaviour, free choice, and effort justification, as well as in studies about meat-eating, child-rearing, consumer behaviour and even COVID-19 (again, to name but a few). In the hands of experts, it's pure manipulation, and most of us lay prey without even knowing it.

For example, not long ago, cigarette companies added menthol to convince people smoking was not harmful. Smoking was also portrayed as 'cool' in the movies, so people felt good (justified) about doing it. Today, cigarettes come with warning labels - but . . .

So, at the risk of butting heads, I'm hoping to point out some of the ways cognitive dissonance is purposely being woven into our lives today. It is growing at an alarming rate, especially on social media, where bots and algorithms rule. And you don't have to believe me, but . . .

Our recent wave of Canadian pride has certainly given us lots to ponder. We've been told to do certain things, and most of it sounds great, but . . . Here are some real-life examples I've heard over the last month:

"I know we're boycotting travel to America, but Hawaii doesn't count, so I can still travel there."

"This wine is from California, but they hate Trump, so it's okay to sell it in stores."

"We need to fight back with America, but we still want the Alaska cruise ships to come here."

"We need to raise taxes and tariffs on Americans, but not the U.S. movie industry because we need the jobs."



Confusing? Illogical? Hypocritical? I get it - I really do. We're all human, and fallible. I often feel the same way, but . . .

I've never liked it when we only hold some leaders accountable, but make exceptions for others (because we like them better?) I also don't like people who use a corrupted sense of right and wrong to justify their unlawful actions. I also abhor racism, violence and destruction - especially as a means of protest. When we start attacking innocent people driving Teslas, things have gone too far. There's no buts about it.

And speaking of 'buts', nothing seems to stink up the place more than politics. Last fall, President Trump was re-elected again in America. Now, this spring, it's our turn in Canada to choose. And whether you realize it or not, cognitive dissonance is one of the bigger 'ass'ets being used by all. It's a distract-people-on-purpose, tried and true election tactic - and we always fall for it.

We've been here before, but this time, things seem more extreme. The subterfuge is rampant. The social media channels, and traditional media outlets, are all cashing in (where do you think the politicians are spending their campaign money?) And we're all so upset and disillusioned that we're 'unfriending' people we've been friends with forever. And while we're busy screaming 'Orange Man Bad' or 'Elbows Up' or 'Canada is Broken' - have you ever stopped to ask yourself why?

The hockey references were fun for a while - but this is no longer a game. We've lost focus. And I can't help but think that some people want it that way. One of the pillars of cognitive dissonance states that we seek out 'selective exposure' to things we agree with, even if those things are negative. And right now, hating on Trump is a pretty popular activity. Because if we're all bouncing around in our preferred echo chambers, hating on other people or topics, we won't notice the real underlying issues or problems, so . . .

Enough of the 'buts'. Don't play the game. Instead, put the focus back on what matters - and that means our families, our friends, our homes and our communities. We all deserve a prosperous future, a protected border and safe streets. Forget the distractions, and take a long, hard, honest look at the facts instead of just the faces. Ask for information. No one can topple Canada - not yet. But . . . without a strong economy, strong resources, a strong dollar, a strong plan for immigration, housing and jobs, not to mention strong interprovincial ties - we will be weak and will be easily targeted.

Time to use our heads. Because we're smart, we care - and no one has more heart than a Canadian. And you can bet your butt, no one can ever take that away.

- Catherine Barr
cbarr@westvancouver.com





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Social Seen

UBC/VGH VITALITY HOSPITAL GALA

VGH & UBC Hospital Foundation's 2024 Vitality Gala, presented by B2Gold Corp., united over 800 philanthropic guests for a black-tie event night to support health care. Their generosity helped set a new record of \$2,482,989 for healthcare innovation in BC - which included a historic winning bid of \$320,000 for a Taylor Swift Eras Tour suite at BC Place. Congrats to all involved.

Photos: CatherineBarr.com - for copies, or to invite us to your next event, send an email to catbarr@turnernewsmedia.com



Jennece Doman, left, with Luigi Ronchi



Paola Hass, left, with Naz Panahi



Event MC Todd Talbot, left, with auctioneer Ryan E. Watson



Rhogene Dadashzadeh and Chris May



Jen Murtagh, left, with friend Jenn Dolnik



Andrew Saxton, from left, with Sylvie and Alan Peretz



Niki Hadizadeh, left, and Dr. Nikkie Randhawa



Amir Virani, left, with daughter Sophia Virani and Aziz Hussain



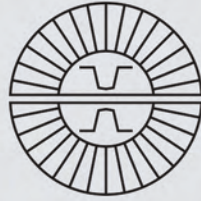
VGH CEO Angela Chapman, left, with Yael and Justin Segal



Alexa and Stacy Freudigmann



Robert Duteau and Irene Au



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Chef Gordon Ramsay Brings Celebrity Style to Vancouver

It was a celebrity night to remember in Vancouver as world-renowned chef Gordon Ramsay officially opened the doors to his latest gastronomic venture. Located inside the River Rock Casino resort, **Gordon Ramsay - Steak** is a sleek and sophisticated restaurant that promises to inject excitement into the city.

Known globally for his fiery temper and sharp-tongued critiques on television, Ramsay has long been painted as the mean, grumpy maestro of the kitchen—yet those who meet him in person are often surprised by the elegance and politeness that define his true character.

Far from the brash persona of reality TV, the real Gordon Ramsay brings a refined charm to Vancouver, where his newest establishment blends his signature culinary brilliance with an unexpected warmth that's already winning over locals and foodies alike.



- By Catherine (Cat) Barr
catbarr@turnernewsmedia.com

Gordon Ramsay's culinary journey began in an unexpected place—on the soccer field. Born in Scotland in 1966, he initially pursued a career as a professional footballer, joining the Glasgow Rangers as a teenager. However, a severe knee injury in his early 20s dashed those dreams, forcing him to pivot.

Ramsay found his calling in the kitchen, enrolling at North Oxfordshire Technical College to study hotel management. His passion for cooking ignited, and he honed his skills under some of the world's top chefs, including Albert Roux in London and Guy Savoy and Joël Robuchon in Paris.

After years of gruelling apprenticeships, he returned to London, where his talent earned him a head chef position at Aubergine, securing two Michelin stars by age 31. In 1998, he opened his first solo venture, Restaurant Gordon Ramsay,

which quickly gained three Michelin stars, cementing his reputation as a fiery, perfectionist culinary titan.

After that, he took to the airwaves, gaining television fame with shows like *Ramsay's Kitchen Nightmares*, followed by *Hell's Kitchen*, *The F Word* and his *MasterChef* series.

Now, it's Vancouver's turn in the spotlight with the opening of his first-ever fine dining restaurant in Canada and **Gordon Ramsay - Steak**. It was a partnership first realized in 2023 when the more casual Gordon Ramsay Burger opened at the Great Canadian Casino Vancouver (Coquitlam) location. Representative of its sister 'Steak' restaurant in Las Vegas, those who know will not be disappointed.

"I'm blessed to confirm that 85% of our ingredients are sourced locally," said Ramsay to the VIP crowd at the Grand Opening last month.

"That's quite rare. I fell in love with Richmond and Vancouver BC over 20 years ago, and this whole area blew my mind. So, on behalf of the entire Gordon Ramsay team, from Vegas to London to Richmond, it's very special to be here - and now it's my turn to help continue this legacy and respect the ground it's been built on."

Chef Ramsay then led the crowd in a champagne toast while flanked on stage by Musqueam **Chief Wayne Sparrow**, City of Richmond Mayor **Malcolm Brodie**, Great Canadian Casino CEO **Matthew Anfinson** and Canadian soccer hero **Christine Sinclair**. The evening then turned into a double celebration as Sinclair presented chef with a commemorative Team Canada soccer jersey and one of the first official Vancouver team scarves from Canada's first-ever women's professional soccer league, the Vancouver Rise (launching this month)

"As a kid growing up just 15 minutes from here, kicking a soccer ball around, this was definitely not on my bingo card," said Sinclair with a laugh.

"I am a very proud Canadian. My Canadian roots, my Vancouver roots run deep. So, Gordon, thank you for

choosing to open your first fine dining restaurant here in my backyard in Richmond. Welcome to the lower mainland of BC."

And the night wouldn't be complete without the fabulous food. A long list of Ramsay's signature dishes were served to guests, including Beef Wellington, Miso Glazed Sablefish and Tuna Tartare.

A glamorous ice tower of fresh seafood fit for a king included unlimited lobster, crab and oysters served alongside expertly crafted cocktails. Among the highlights was the British signature gin cocktail titled "Notes from Gordon" which featured a rolled-up note with a personal message from Chef Ramsay himself. The big grand finale, of course, included his signature dessert of Sticky Toffee Pudding - which really is to die for.

With a recent addition of Michelin-starred restaurants now dotting the map, Vancouver is deserving of Gordon Ramsay's star power. And while the old dress-up days of formal dining are being redefined, this location has just the right amount of West Coast elegance and ease to not be thought of as pretentious in its presentation. And honestly, the food is really worth a visit.

My advice - save up for a special night out and indulge for your next celebration. And even if the celebrity chef himself can't be there to serve you, you will get the celebrity treatment, guaranteed.



Christine Sinclair, from left, Mayor Malcolm Brodie, chef Ramsay, Matthew Anfinson and Chief Sparrow



Chef Gordon Ramsay, centre, with Matthew Anfinson, CEO Great Canadian Entertainment and Canadian soccer legend Christine Sinclair



Celebrity chef Gordon Ramsay with wife Tana



The most sensational selfie ever. Chef Gordon Ramsay celebrates with a fun photo with the front of house servers and team at the Grand Opening Party

Social Seen

ARTS UMBRELLA - SPLASH ART AUCTION GALA

The Splash art auction and gala, benefiting Arts Umbrella, showcased a collection of works donated by prominent artists and raised an impressive \$1.7 million for programs. The event included a welcome reception, a gourmet dinner, a live art auction, and an after-party with dancing, making it a vibrant evening of support for the arts.

Photos: CatherineBarr.com - For copies, or to invite us to your next event, email catbarr@turnernewsmedia.com



Nicola Wealth's David and Tassan Sung



Grace Beedie and Jay McCauley



Marc Prefontaine, from left, Jody Fisher, artist Jolinda Linden, Garry Zlotnik



Saschie Maclean and Gemma Bishop



Gala co-chair Christie Garofalo and husband David Garofalo



Singer Christina Sing and drummer Bobby James of Destineak



Gloria Macarenko, left, and Zohreh Waibel



Artist Gabryel Harrison, left, and Monica Reyes



Mandy Ling, left, and Carleen Pauliuk



Arts Umbrella President and CEO Paul Laroque, left, with artist Xwalacktun (Rick Harry) and son James

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Social Seen

PCSC PROGRAM FUNDRAISER DINNER

The 3rd Annual Prostate Cancer Supportive Care (PCSC) program fundraiser dinner was held at the Vancouver Club, offering an elegant evening aimed at raising funds and providing crucial information for those facing prostate cancer. The event emphasized the importance of getting early detection, being informed and encouraging friends, family and loved ones to reach out for support - www.pcscprogram.ca

Photos: CatherineBarr.com - For copies, or to invite us to your next event, email catbarr@turnernewsmedia.com



Dr Larry Goldenberg and Monita Sundar Dunn, centre, with Dr Tia Higano



Dr Ryan Flanagan, from left, with Carrie Black, Dr Peter Black and Paola Hass



Mariam Karim, left, with Noreen Singh and Ava Clogg



David and Manjy Sidoo



Bernadette and Mike Dunnigan



Kristy Bombini-Cioffi, left, with Sandra Furlan and Lisa MacDonald



Jayne Raeburn and Lori Rowe



Billy Lachman, left, with BJ MacDonald and Jim Murray



Nevin Sangha, left, with Devina and Paul Zalesky



Lee Davis and Julie Urquhart

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Cat's Meow - Spring 2025

By Catherine (Cat) Barr

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Event production / planner **Nargess Tabrizy-Shokrani**, of Fleur de Lis Events, joins husband **Mahrddad Shokrani** during the opening of The Alexander event space.



Lisa Good and husband **Cameron Good**, owners of The Alexander event space in Gastown at the opening night party.



The amazing **Karla Sax** was keeping it sexy at the opening of The Alexander event space in Gastown.



Patricia Bowles, left, **Tracy Wachmann**, and **Heather Kaart** at the West Vancouver Library Foundation speakers event.



West Van Library's **Stephanie Hall** hosted speaker **Timothy Caulfield** on stage at the Kay Meek Theatre as part of the library's fundraising event night.



Tyson Villeneuve, from left, with **Dawn Melody** and **Jordan Kallman** at The Alexander opening night party.



Supporting the West Vancouver Library, from left: **Felicia Zhu**, MLA **Lynne Block**, **Jacqueline van Dyk** and **Victoria Mendes**.



At the West Van Library speakers event - **Carol Chestnut**, left, library board member, and board chair **Anjili Bahadoorsingh**.



Seen at the opening night of The Alexander are **Farrah Sanei**, from left, **Daniel Zarrabian** and **Brenda Bezell**.



It was a night of artistry and taste with event producer **Martino Ciambrelli** at the famous Warehouse Studio in Gastown at the exclusive relaunch of Domaine Artema Winery (Oliver BC). And yes, that's the world-famous 'Studio 2' Neve A6630 console used by The Beatles, Sir George Martin and Bryan Adams. Wow!



Savary Island Pie Company's **Brad Hall** cuts the ribbon on the new lobby cafe area at municipal hall with West Vancouver Mayor **Mark Sager** at the recent volunteer reception event.



Elke Enders, left, joins **Jack** and **Sevan Agopian** at the H.R. MacMillan Space Centre for an elegant theme night of champagne and style at the Omega watch event.



A wonderful reception for the public and for a new season at Herzog Crystal. From left: **Nicole Lee**, **Rudi Herzog**, owner **Azime Cetin** and daughter **Ela**, and **Jennifer Alvaro**.



Porsche Centre Vancouver GM **Jeremy Schaab**, seen here with wife **Amberlea**, hosted VIPs at the launch of the new Porsche Macan EV vehicle at the Parq Hotel.



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FACTS

The Informed Voter

A pivotal election has been called for **April 28, 2025**. Voters have the chance to turn the page to the **Pierre Poilievre** Conservatives after nearly a decade of Liberal rule. Or they could stick with the party **Justin Trudeau** rebuilt and handed over to **Mark Carney** on March 14th. Want to know more about voting - then go to elections.ca for more info. But how about the record of today's government, budgets, spending, or Canadian political and parliamentary history? Scan the QR codes below to go directly to the websites.



By Bob Mackin
bob@thebreaker.news



01

GLOBAL AFFAIRS CANADA:

w05.international.gc.ca/projectbrowser-banqueprojets/filter-filtre

Where does the federal government send your tax dollars? International assistance projects funded by Global Affairs Canada is where you could find out. Ukraine, Jordan and Ethiopia were the top recipient countries in 2023. COVID-19 control, emergency food aid and energy generation, renewable resources were the top three areas.

02

BOARD OF INTERNAL ECONOMY:

www.ourcommons.ca/boie/en

Chances are, you have never heard of it. But Members of Parliament know it. The fancy name for the office at the House of Commons that holds the purse strings for MPs and their offices.

Curious about how the incumbents manage their community offices and spend your money?

Look no further than the Reports and Disclosure section.

03

OFFICE OF THE PARLIAMENTARY BUDGET OFFICER:

www.pbo-dpb.ca/en

Yves Giroux is one of the most-important bureaucrats on Parliament Hill. He leads the PBO, the non-partisan office that analyzes government spending and politicians' promises. Its goal is to promote budget transparency and accountability. It is a vital filter of campaign platform costing.

04

PROACTIVE DISCLOSURE:

open.canada.ca/en/proactive-disclosure

The headline is: "Proactively published government information for transparency and accountability." That is what you will find in this section of the federal website.

It aims to answer how the government spends your money. (The Liberals budgeted \$538 billion in expenditures last year.)

Sections include contracts, grants, travel and hospitality expenses, briefing notes and question period notes, use of administrative aircraft and even acts of founded wrongdoing. Yes, the naughty list.

05

LIBRARY OF PARLIAMENT:

lop.parl.ca/sites/PublicWebsite/

The Peace Tower rises above Parliament Hill. But on the other side of the complex where Canada's big decisions are made is an equally impressive edifice, the circular Library of Parliament. Opened in 1876, only nine years into Confederation, it is the only section of Centre Block that survived the 1916 fire.

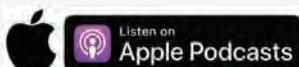
Can't make it all the way to Ottawa? Check out the website, including the list of Canada's 24 Prime Ministers. Did you know that 16 of them — two-thirds — have been lawyers? Even **Kim Campbell**, the first female PM in 1993.

Mark Carney, the 24th, is the first economist since **Stephen Harper**.

None with such an interesting resume as **William Lyon Mackenzie King**, the longest-serving Prime Minister for 21 years and 154 days across three terms. His professions are listed as such: "gentleman, labour expert, senior public servant, editor, author and journalist."

Links include the official portrait of each Prime Minister and the text of the first speech in the House of Commons.

Carney chose a snap election, to go to the populace before he goes into Parliament. Voters will decide April 28 whether he will get a first speech in the House of Commons and whether it will be on the government or opposition side of the aisle.



Bob Mackin is a North Vancouver journalist who specializes in politics, business and sports coverage. He publishes **theBreaker.news** and hosts **theBreaker.news Podcast** online.

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Social Seen

NORTH SHORE FAMILY SERVICES / AT THE BEACH HOUSE

An impressive \$150,000 was raised through the generosity of guests at the private North Shore Family Services at the Beach House gala event. Every dollar goes to supporting families in need making an impact that stands out, including delivering 1,100 holiday gift baskets and providing support to over 2,600 people. Thank you to all who helped give back.

Photos: CatherineBarr.com - or to invite us to your next event, send an email to catbarr@turnernewsmedia.com



Mike and Lisa Devine, left, with Jeff and Kelly Fuller



Jim and Laurie Case, from left, with Phil Cotterill, with Caron and Ross Penhall



Julie Fuller, from left, and Stewart Fuller with Jessica and Connor Fuller



Nellie's founder Jim Roberts, seen here with Lynn Mobius, donated the amazing Nellie's cases and gifts



Marshall and Chloe Fuller



Shirin Bock, left, with Catherine Konantz and Shelley Philps



Chris Zed, from left, with Steph Godoy, Russell Mayert and Elias Godoy.



NS Family Services' Julia Staub-French, left, with host and sponsor Stan Fuller and Lara Fuller



Ryaz and Camille Shariff, left, with Sara and Thomas Relling



Janice O'Sullivan, left, and Monica Soprovich



Lori Falconer, from left, with Suma Peever, Joanna Shillington and Jim Falconer



Mark van Dop with Catherine Dorazio

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Social Seen

INSPIRE FASHION SHOW AND GALA FOR CANCER

A Night to Inspire successfully raised over \$1,750,000 for InspireHealth Supportive Cancer Care, providing essential support to cancer patients and their families across British Columbia. The evening featured special guests and an exciting fashion show, making it a memorable event dedicated to a vital cause.

Photos: CatherineBarr.com - For copies, or to invite us to your next event, email catbarr@turnernewsmedia.com



Carmen Batista, gala co-chair, with Sonny Wong



Heather McCullough and Liliana Sorescu



Sarah Burns, left, and Nova Islam



Gala co-chair Nancy Mortifee and husband Peter



Myriam Calliot with Loveena Chera CEO InspireHealth



Entertainers Andrew Allen, left, and Michael Kaeshammer, right, with Fazioli's Manuel Bernaschek



Fashion designers Ellie Kuame, left, and Ghislain Brown-Kossi



Jazz trio Dave Say, Allan Johnston and Dave Sikula



Event sponsors Tim Kushneryk, from left, with Nick Hopewell and Charles Jago



Maria Nadjarian and Farah Afrina

ARTS

BEAT



By Bill Allman
bill@famousartists.ca

“Help Me Find Your” Teddy Bear

*Oh, baby let me be, your lovin' teddy bear
Put a chain around my neck, and lead me anywhere
Oh, let me be (oh, let him be)
Your teddy bear!*

Elvis Presley appeared in Vancouver, at Empire Stadium, on August 31st, 1957.

He was interviewed and later introduced by legendary disc jockey Red Robinson, about whom I wrote an earlier column. Red brought rock and roll to Canada. He was a member of the Rock and Roll Hall of Fame and a recipient of the Order of British Columbia. More importantly to me, he was my friend.

There's a reason that Red was a legend. He knew that there would be pandemonium that night and he was determined to be right in the middle of it!

And so, that summer evening, Red waded into a press conference to quiz the ascending King of Rock and Roll (a title he claimed many decades later) about music and his life. At the time, Elvis's big hit was *(Let Me Be Your) Teddy Bear*. Topping the record charts in both the USA and Canada, the song became synonymous with the singer.

Elvis and Red chatted privately. In fact, Elvis good-naturedly nicked a pair of handcuffs from a local Vancouver Police Department officer and secured the young disc jockey to a water pipe. Red was only 20 years old and took it all in good fun. It would be seven years before Beatle John Lennon told him to “Get the f*** off our stage”. What's rock and roll without a little trouble?

At some point, pre-show, Red presented Elvis with a stuffed panda teddy bear. A true southern gentleman, Elvis posed for a picture with Red and the bear before muttering “Grown-ups don't have teddy bears,” (paraphrase) and left the stuffie



Oh where or where can this little bear be? Vancouver's Red Robinson presented Elvis with an original teddy bear prior to his show at the PNE in 1957.

behind. Elvis performed, the crowd went wild, and the “King” slid down under the stage while a limo with someone else wearing his gold jacket exited Empire Stadium, pursued by screaming teenagers.

Years later, I felt supremely honoured to “meet” Elvis's teddy bear in Red's office on Pender Street. Recently, I was sitting at lunch with Red's daughter Kellie at the Sylvia Hotel when she leaned over and conspiratorially whispered: “It's the wrong bear.”

I was stunned. “What?” I mumbled. “Look at his eyes. Look at the photo. Different bear. Aaron Wong, the exceptional Elvis singer, spotted it.”

Sure enough, a close inspection of the bear showed that it is not the same one featured in the photo with Elvis. It is an imposter.

“What happened to the original?” I queried.

“I don't know.” Kellie shrugged. “Probably some member of the Elvis Presley fan club made off with it, replacing it with another one from the midway at the PNE.”

“Well where...”

“The original bear, I bet, is in someone's attic here in Vancouver.”

It would be a miracle to find that bear today. Kellie doesn't need it - but the Rock and Roll Hall of Fame or the PNE should at least be able to display it for the joy of the fans. So if you know the location of Elvis Presley's teddy bear - please, it's time to make a miracle happen.

A bit of trivia: the song, “(Let Me Be Your) Teddy Bear” is only 1 minute and 47 seconds long. But, teddy bears are for life.

President of the BC Entertainment Hall of Fame, **Bill Allman** is a “recovering lawyer” who has been a venue manager (the Vogue), president of Theatre Under the Stars, a concert promoter, a television writer/producer, a theatre producer, and an adjunct professor of law at UBC. He currently owns **Famous Artists Ltd.**, taking the company name with founder Hugh Pickett's blessing, and produces plays, musicals, and concerts. He is no longer willing to move your piano.

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1157 West 23rd Street
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\$3,249,000

5 Beds | 3 Bath | 3294 sq. ft.

This home has never been publicly available for sale before and is a true rare gem. South-facing lot - one of the largest in the area. The property offers suite and subdivision potential, plus a rough-in for a hot tub/pool. It's cozy, warm and move-in ready.



Geoff Taylor
Rennie

107 - 116 West 23rd Street
North Vancouver
\$649,000

1 Beds | 1 Bath | 685 sq. ft.

Private, quiet, and secure! Spacious too - feels just like a townhome with its own dedicated entrance. End unit. Close to schools, shopping, transit, restaurants and Harry Jerome. Pet Friendly. One parking stall and one storage locker. Well funded strata.



Mark Ballard
RE/MAX Masters Realty

4275 St. Pauls Avenue
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\$2,488,000

6 Beds | 4 Bath | 3770 sq. ft.

Priced below assessment with registered two-bed suite and views! Peaceful cul-de-sac next to greenbelt with forested hiking and biking trails at your doorstep. Perfect for families. Partially renovated in 2016. Suite includes separate kitchen and entrance.



Mark Ballard
RE/MAX Masters Realty

3714 Southridge Place
West Vancouver
\$3,799,000

6 Beds | 4 Bath | 4061 sq. ft.

This incredible family home sits on a private 30,000 SF lot in prestigious Westmount, tucked at the end of a quiet cul-de-sac ideal for kids! You'll love the entertainer-friendly main level that boasts a chef's kitchen that flows out to a sun filled deck.



Chas Woodyer
Angell Hasman and Associates
Realty

452 East 5th Street
North Vancouver
\$3,795,000

6 Beds | 6 Bath | 4532 sq. ft.

This luxurious modern home features an open concept layout with living and dining areas focussed around a beautifully appointed kitchen. The private outdoor space is meticulously landscaped with covered entertainment areas, grassy yard and a double garage.



Bernadette Dunnigan
Oakwyn Realty

549 West 22nd Street
North Vancouver
\$2,498,000

4 Beds | 3 Bath | 2432 sq. ft.

Prepare to fall in love with this fully renovated home including a fantastic one bedroom suite. The covered 500 sq ft. terrace is a showstopper, compete with a sun-filled south facing backyard. Ideal for year-round entertaining. Central Lonsdale.



Bernadette Dunnigan
Oakwyn Realty

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4215 Evergreen Avenue
West Vancouver
\$4,950,000

7 Beds | 6 Bath | 6199 sq. ft.

Architectural living on a beautiful, gated large flat lot. Custom foyer, curved staircase, vaulted ceilings and a formal living opening onto a private covered deck. The perfect entertainment home with large pool, hot tub and gazebo. Court ordered sale.



Holly Calderwood
Royal LePage Sussex

985 King Georges Way
West Vancouver
\$5,789,000

5 Beds | 4 Bath | 4287 sq. ft.

A rare opportunity to own a classic estate with breathtaking south facing views. Prime "Golden Mile" location with close to 25,000 sq. ft of land on the coveted "high side" of the street. Priced \$746K below assessed value. Must see!



Holly Calderwood
Royal LePage Sussex

4729 Woodburn Road
West Vancouver
\$4,478,000

6 Beds | 6 Bath | 5202 sq. ft.

Nestled in Cypress Park Estates, discover a custom-built home featuring a unique blend of comfort and style with unparalleled views. Crafted for the current owners and impeccably maintained, this contemporary three-level captures West Coast living perfectly.



Ray and Lynda Proc
Royal LePage Sussex

501 - 918 Keith Road
West Vancouver
\$2,649,000

2 Beds | 2.5 Bath | 1526 sq. ft.

Designed by Arthur Erickson and perched above Park Royal with captivating views of the water and Lions Gate Bridge, The Evelyn is an architectural jewel, showcasing a timeless design that celebrates the very character and allure of West Vancouver. Amazing!

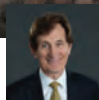


Ray and Lynda Proc
Royal LePage Sussex

1065 Groveland Road
West Vancouver
\$9,800,000

5 Beds | 7.5 Bath | 7792 sq. ft.

A private, gated driveway leads to this home, offering both seclusion and grandeur. The property also features parking for eight vehicles, complemented by two separate double garages, ensuring effortless convenience for the discerning homeowner.



Lionel and Clayton Lorence
RE/MAX Masters Realty

281 - 29th Street
West Vancouver
\$4,580,000

7 Beds | 4 Bath | 4043 sq. ft.

Set in the highly sought after Altamont neighbourhood, this fully fenced mini estate is located in the illustrious West Bay Catchment area. Quality built by Bradner Homes, this is the perfect marriage of architectural design and function. Everything is here!



Lionel and Clayton Lorence
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Events Calendar

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NATIONAL THEATRE LIVE: HAMLET

May 12
Kay Meek Theatre

Academy Award® nominee Benedict Cumberbatch (BBC's Sherlock, The Imitation Game) is the lead in Shakespeare's great tragedy. Forced to avenge his father's death but paralyzed by the task ahead, Hamlet rages against the impossibility of his predicament. This original 2015 broadcast returns to international cinemas this spring.

kaymeek.com

THE MOUSETRAP

WEST VANCOUVER COMMUNITY CULTURAL FEST

June 6 - 7
Ambleside Park

The District of West Vancouver invites everyone to the Community Cultural Fest (formerly Bridge Festival). The festival brings people together through food, music and culture. Celebrate our multicultural diversity! Enjoy cultural pavilions, live music, international dancers, lounge and food trucks and a kids' zone. Family fun!

westvancouver.ca



THE MOUSETRAP BY AGATHA CHRISTIE

June 26 - August 1
Arts Club Theatre, Granville Island

Experience the longest running play in history! On a dark and wintry night, seven strangers are snowed in at a remote English guesthouse while news spreads of a murder in London. The sudden arrival of a police sergeant throws the guests in a panic: the killer is in their midst. The game is now afoot. Can you solve the mystery?

artsclub.com



THE ART OF BANKSY 'WITHOUT LIMITS'

April 1 - May 25
1 Alexander Street, Gastown, Vancouver

The Art of Banksy 'Without Limits' exhibition offers a unique immersive journey into the world of one of the most enigmatic artists. The exhibition showcases 200 of Banksy's works, including original pieces, prints on diverse materials, lithographs, photographs, sculptures, murals, installations, multimedia, mapping and more.

artofbanksyca.com

THE ART OF BANKSY

"WITHOUT LIMITS"



THE BEACHSIDE BLITZ 2025

May 25
Ambleside Beach

This exciting event features two race distances: a thrilling 1km run and a spirited 500m sprint, perfect for participants of all ages and skill levels. Whether you're a seasoned athlete or just looking for a fun family activity, the Beachside Blitz promises a fantastic experience.

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